

Healthy sleep starts at the head

A proper pillow is essential to a good night's sleep. SAMINA has created pillows made from all organic, natural materials encased in soft, organic cotton. Healthy sleep starts at the head and natural materials made of materials encourage clear, healthy breathing that is essential to your good night's sleep. Since people come in many shapes and sizes, so do SAMINA pillows to help support the unique contours of your head and neck.



**SAMINA Balance**

Provides correct position of the neck and head to benefit to the cervical spine. Narrow insert of natural rubber positioned in the back of the neck. Especially suitable for long necks and pronounced inward curvature of the neck. Measurements (in cm): 40/60 – 40/80 – 50/70.

**SAMINA Bijou**

Rubber padding equalizes the distance between the cheek and shoulder in the side-lying position. A natural rubber insert supports the shape of the neck. No need for repositioning in different sleep positions. Highly recommended for sensitive necks and for people who suffer from neck afflictions like whiplash. Measurements (in cm): 40/80.

**SAMINA Delta**

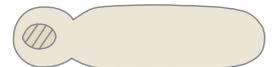
SAMINA's most popular pillow style, the Delta has a highly elastic natural rubber core that adapts to the neck-head line and is very orthopedically effective. The design prevents positional strain in the neck. Ideal for people who sleep on their side. Available in different heights (Delta High, Delta Low). Measurements (in cm): 40/60 – 40/80 – 50/70.

**SAMINA Flock, Millet, Swiss Stone Pine**

The core consists of spelt grain or millet husks from certified organic growers, natural kapok fibers, pine shavings or in the case of the flock pillow, natural rubber flakes. The loose filling materials offer individual positioning of the core at sleeper's neck area. Measurements (in cm): 40/60 – 40/80 – 50/70.

**SAMINA Combi-med**

The Combi-Med is designed with a shaped neck area and is filled with narrow natural rubber nuggets and organic sheep's wool. It adapts well to the normal inward sway of the neck and the shoulder area. Measurements (in cm): 50/80.

**SAMINA Nature Soft**

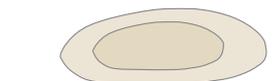
A highly elastic, soft, natural rubber core inside delivers a good fit in the neck and shoulder area. Especially suitable for people with wide shoulders. Also available in "extra soft" and "extra flat". Measurements (in cm): 40/80.

**SAMINA Phoenix**

A special pillow for people who sleep on their stomach. Because of its two generous cut-outs on the sides of the cushion, the head will remain at less of an angle. This causes a lower elongation of the cervical spine and upper back meaning that there is less strain on the cervical spine and upper part of the spinal column. Measurements (in cm): 40/60.

**SAMINA Papillon**

The ideal travel pillow for car, train and airplane. The Papillon is filled with organic sheep's wool and offers support on both sides of the head while in a sitting position. Measurements (in cm): 50/30.

**SAMINA Standard**

Filled with pure organic sheep's wool and encased with 100% organic cotton, the Standard comes in two models: "Light" and "Extra Light". Standard pillows are very suitable for children. Measurements (in cm): 40/60 – 40/80 – 50/70.

